



FAMILY ACTIVITIES IN WESTLOCK

Parent Link Drop-In Playgroups

Encourage your child's development through play, socialization, and games! ****No Cost to Attend**** (parents & children 0 - 5 yrs)

Tuesdays 9:30 - 11:30 am
@ Rotary Spirit Centre

Free Play Wednesdays 1:00 - 2:30 pm
@ Rotary Spirit Centre Fieldhouse

Thursdays 9:30 - 11:30 am
@ St. Mary School

Saturday 10:00 - 11:30 am
April 7 @ Rotary Spirit Centre Kali's Korner
April 21 @ Rotary Spirit Centre Fieldhouse

Parent Link Registered Programs

Coffee Talk
Parents can get together, have coffee, and discuss important parenting issues.

9:30 - 11:30 am @ the Westlock Library
Apr. 11 - 'Raising Confident, Competent Children'
Apr. 25 - TBA

Please register for this program a week in advance
780-307-2444 ext. 1

EMOTION COACHING



Register for 5 sessions to build your child's confidence and help them grow socially, emotionally, and intellectually.



Mondays April 9, 16, 23, 30 May 7
@ Parent Link Centre
Time: 6:30 - 8:30 pm
Call 780.307.2444 ext. 1 to sign up!

Bedtime Yoga

Join us for relaxation exercises, story time, and a healthy snack. @ Parent Link Centre
THURSDAY, April 12, 6:30 - 7:30 pm
Call to register 780-307-2444 ext. 1



READ AND ROLL

Join us for an exciting, interactive, 7-week program for you and your child aged 3 or 4.

Read an age appropriate book and then **roll** with activities to promote engagement, early literacy, and speech. Foster your child's interest in books while encouraging language development through group activities.



Tuesdays, April 10 - May 22, 2018 (Book Set 2)
@ Westlock Library 1 pm start
Register by April 3 ~ Call 780-307-2444 ext. 1

Westlock shop & swap April 20th & 21st Westlock Rotary Spirit Centre



Item Drop Off Times:
April 20, 10:00 am - 3:30 pm

We accept gently used Women's, Men's, and Children's items.

Shopping Times:
April 21, 9:00 am - 5:00 pm



We are looking for volunteers to help us run another successful Shop & Swap. Please contact Erin at 780-307-2444 ext. 1 to help out!



What's Up @ Your Library?

Story Time Mondays @ 11:00 am
Stories & Crafts Wednesdays @ 10:00 am
Story & Song Fridays @ 10:30 am

Special Events:

Family Flick - Ferdinand
Saturday, Apr 14 @ 1:30 pm

Meet the Creature - Society Finch
Monday, April 23 at 3:30 - 4:30 pm

Movie Matinee - Lego Comics The Flash
April 25 @ 3 pm



Makerspace
April 28 @ 1 pm

CRAFT-TASTIC KIDS

Join Parent Link for a fun filled, sensory inspired, crafts-for-kids experience for preschool children. This program will run for 4 weeks, and participants are required to register and attend all sessions as projects will overlap from week-to-week.

All projects will require parent assistance and supervision.

Mondays, April 9 - 30
1:30 - 2:30 @ Parent Link Centre
Remember to call to register!
780-307-2444 ext. 1



Mother Goose:
Join us for song, rhyme, & dance!

Mondays from 10 - 11 am
at the Westlock Library

Provided by 'Each One Teach One'






COMMUNITY CALENDAR OF EVENTS FOR APRIL

Health Link Alberta - 811

Poison & Drug Information Services 1-800-332-1414



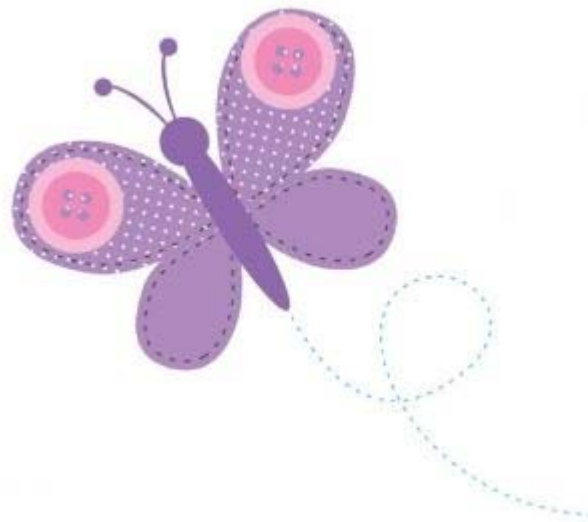
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
<p>10 - 11 am Mother Goose @ L</p> <p>11 am StoryTime @ L</p> 	<p>9:30 - 11:30 am PLC Playgroup @ RSC</p> <p>Please Note: April 23 3:30 pm @ L Meet the Creature</p>	<p>10 am Storytime @ L</p> <p>1 - 2:30 pm PLC Free Play @ RSC</p> <p>Please Note: April 25 3 pm @ L Movie Matinee</p> <p>April 25 6:30 - 7:30 pm @ AC Swimming with Dad</p>	<p>9:30 - 11:30 am PLC Playgroup @ St. Mary School</p> <p>1:30 pm Read with Me @ L</p> 	<p>10:30 am Story & Song @ L</p> <p>Please Note: April 13 6:30 - 8:30 @ AC McDonald's Free Swim 2nd Friday of the month</p> 	<p>Please Note: April 7 9:30 am PLC Playgroup @ RSC</p> <p>April 14 1:30 pm Family Flick @ L "Ferdinand"</p> <p>April 21 9:30 am PLC Playgroup @ RSC</p> <p>April 28 1 pm Makerspace @ L</p>

Let's
MAKE A
Splash



HEY DADS!

Join Westlock Parent Link
At the Westlock Aquatic Centre
On April 25th from 6:30 - 7:30 pm
REGISTER by April 18 to attend
780-307-2444



FOR MORE INFORMATION, CALL

RSC Westlock Rotary Spirit Centre (780) 349-6654
AC Westlock Aquatic Centre (780) 349-6677
PLC Parent Link Centre (780) 307-2444
L Westlock Municipal Library (780) 349-3060
EOTO Each One Teach One (780) 349-0742
FCSS Westlock & District FCSS (780) 349-5900



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