

FAMILY ACTIVITIES IN WESTLOCK



Parent Link Drop-In Playgroups

Encourage your child's development through play, socialization, and games! ****No Cost to Attend**** (parents & children 0 - 5 yrs)

Tuesdays 9:30 - 11:30 am
@ Spirit Centre Fieldhouse

Thursdays 9:30 - 11:30 am
@ St. Mary School



With the loving yet powerful tools of *Love and Logic*, we can help our children learn to make good choices and experience happy lives while maintaining their love and respect.

Our 5-week program "Early Childhood Parenting Made Fun" is coming soon...

Thursdays, Nov. 1 - 29 from 6 - 8 pm
@ Parent Link Centre

Register now!
Call 780-307-2444 ext. 1

What's Up @ Your Library?

Mother Goose Story Time Mondays @ 10:00 am
Mondays @ 11:00 am

Toddler Tales Wednesdays @ 10:30 am
*** 10 am start on October 1***

Story and Song Fridays @ 10:30 am

Special Events

Family Flick Oct 13 @ 1:00 pm
"Hotel Transylvania 3" (PG)

Meet the Creature Oct 15 @ 3:30 - 4:30 pm

PD "Harry Potter Day" Oct 19

Gaming 11:00 am

Movie 1:00 pm

Activities 3:00 pm



Westlock Parent Link presents



Raising Confident, Competent Children

Oct 18 @ St. Mary School 12:00 - 2:00 pm

Register a week in advance by calling
780-307-2444 ext. 1

Get the strategies to build strong, healthy relationships, and confidently manage your children's behavior.

****FREE Childcare & Lunch****

Triple P – Positive Parenting Program®



Build a Bat House with Dad

Westlock Parent Link is excited to be learning about bats, and then building bat houses, with a local conservation officer, Lisa Card!

October 17 at Westlock Parent Link Centre @ 6 pm

Each family will be provided the materials and instructions to build one bat house for their yard!

Register to attend as soon as possible as space is limited.

Call: 780-307-2444 ext. 1



Join us for supper and a presentation by Jessica Link.

"Kids Have Stress Too" will help you understand childhood stress and how to provide children with the tools to deal with it effectively.

This program provides the knowledge, awareness, and skills to help young people become healthier and more resilient.



November 7 - doors open at 5:30 pm

The presentation will be from 6 - 9 pm

Location: To Be Determined (in Westlock)

Register to attend: 780-307-2444 ext. 1









COMMUNITY CALENDAR OF EVENTS FOR OCTOBER


Health Link Alberta - 811

Poison & Drug Information Services 1-800-332-1414



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
<p>10 - 11 am <i>Mother Goose @ L</i></p> <p>11 am <i>Story Time @ L</i></p> <p><u>Please Note:</u> Oct. 15 <i>Meet the Creature @ L</i></p> 	<p>9:30 - 11:30 am <i>PLC Playgroup @ RSC</i></p> 	<p>10:30 am <i>Toddler Tales @ L</i> **10 am start on the 1st</p> <p><u>Please Note:</u> Oct. 17 <i>Bat Houses w/ Dad @ PLC</i></p> 	<p>9:30 - 11:30 am <i>PLC Playgroup @ St. Mary School</i></p> <p><u>Please Note:</u> Oct. 18 <i>Lunch & Learn @ St. Mary</i></p> 	<p>10:30 am <i>Story and Song @ L</i> **on the road Oct. 5 Meet at Continuing Care @ 10:15 am</p> <p><u>Please Note:</u> Oct. 12 6:30 - 8:30 @AC <i>McDonald's Free Swim 2nd Friday of the month</i></p> <p>Oct. 19 <i>"Harry Potter Day" @ L</i></p>	 <p><u>Please Note:</u> Oct. 13 @ 1 pm <i>Family Flick @ L</i></p> 


A special learning event in Busby, AB:



The Power of Positive Parenting

November 6 @ the Busby Hall 9:00 - 11:30 am
Register by calling 780-307-2444 ext. 1

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For information on the current swimming schedule, visit www.westlock.ca or call the Aquatic Centre.

For more information, call

- PLC Parent Link Centre - (780) 307-2444 ext 1
- AC Westlock Aquatic Centre (780) 349-6677
- L Westlock Municipal Library - (780) 349-3060
- EOTO Each One Teach One (780) 349-0742
- FCSS Westlock & District FCSS - (780) 349-5900

Find this calendar online at TownPost.ca

Classifieds, Events, Jobs, Garage Sales & Community