

FAMILY ACTIVITIES IN WESTLOCK



Parent Link Drop-In Playgroups

Encourage your child's development through play, socialization, and games! ****No Cost to Attend**** (parents & children 0 - 5 yrs)

Tuesdays 9:30 - 11:30 am
Starting Sept. 4 @ Belvedere Park

Free Play Wednesdays 1:00 - 2:30 pm
Starting Sept. 5 @ Lion's Park

Thursdays 9:30 - 11:30 am
Starting Sept. 6 @ St. Mary School

Westlock Parent Link presents

Power of Positive Parenting

@ St. Mary School 12:00 - 2:00 pm
Register a week in advance by calling 780-307-2444 ext. 1

Get the strategies to build strong, healthy relationships, and confidently manage your children's behavior.
****FREE Childcare & Lunch****

Hey Guys!

Parent Link's Dads/Grandpas/Uncles Group

We are planning for a fun evening on **September 26 from 6 - 8 pm**
Call to register: 780-307-2444
Details to follow on Facebook

Movie in the Park

September 8, 2018

Celebrate 10 years of Movie in the Park by stepping back to our first year....
Doors Open at 5:30pm
~Movie Starts at 7:00 pm~
@ Westlock Ag Barn (9504 96 AVE)

Entrance is a cash donation.
Concession items, including hotdogs, will be available for purchase with the proceeds going to Parent Link Programs.
Remember your lawn chairs!
Parent Supervision Required
Stay tuned to Facebook for more details

Thank you to our sponsors!

Bedtime Yoga

Join us for relaxation exercises, story time, and a healthy snack.
October 2, 6:30 - 7:30 pm @ Parent Link Centre
Call to register 780-307-2444 ext. 1

What's Up @ Your Library?

New Fall Programming

| | |
|-------------------------|-----------------------|
| Mother Goose Story Time | Mondays @ 10:00 am |
| *starting Sept. 10 | Mondays @ 11:00 am |
| Toddler Tales | Wednesdays @ 10:00 am |
| *starting Sept. 12 | |
| Story and Song | Fridays @ 10:30 am |
| *starting Sept. 21 | |

Special Events
Free Admission to the Westlock Pioneer Museum or Canadian Tractor Museum on Holiday Mon. (Sept. 3) with your library card.

Family Flick Sept 8 @ 1:00 pm
"LEGO DC Super Heroes Aquaman" (G)

Meet the Creature Sept 17 @ 3:30 - 4:30 pm

Celebrate ALBERTA CULTURAL DAYS with us!
Westlock's Many Cultures
Sept 29 12:30 - 3:00 pm

With the loving yet powerful tools of Love and Logic, we can help our children learn to make good choices and experience happy lives while maintaining their love and respect.

Our 5-week program "Early Childhood Parenting Made Fun" is coming soon...

Thursdays, Nov. 1 - 29 from 6 - 8 pm
@ Parent Link Centre

Register now!
Call 780-307-2444 ext. 1

COMMUNITY CALENDAR OF EVENTS FOR SEPTEMBER

Health Link Alberta - 811

Poison & Drug Information Services 1-800-332-1414



| Mondays | Tuesdays | Wednesdays | Thursdays | Fridays | Saturdays |
|---|---|---|--|---|--|
| <p>10 - 11 am Mother Goose @ L *starting Sept. 10*</p> <p>11 am Story Time @ L *starting Sept. 10</p> | <p>9:30 - 11:30 am PLC Playgroup @ Belvedere Park</p> <p>Please Note: Sept. 17 Meet the Creature @ L</p> | <p>10 am Toddler Tales @ L *starting Sept. 12</p> <p>1 - 2:30 pm Free Play Wednesdays @ Lion's Park</p> | <p>9:30 - 11:30 am PLC Playgroup @ St. Mary School</p> | <p>10:30 am Story and Song @ L *starting Sept. 21</p> <p>Please Note: Sept. 14 6:30 - 8:30 @AC McDonald's Free Swim 2nd Friday of the month</p> | <p>WELCOME BACK</p> <p>Please Note: Sept. 8 MOVIE IN THE PARK Westlock Ag Barn *doors open @ 5:30</p> <p>Sept. 8 @ 1 pm Family Flick @ L</p> <p>Sept. 29 @ 12:30 - 3 pm Alberta Cultural Days @ L Westlock's Many Cultures</p> |



EMOTION COACHING BY PARENT LINK



"The Heart of Parenting" presents methods to support kids through life's ups and downs. Build confidence and help them grow socially, emotionally, and intellectually.

Join us at Westlock Community Daycare for a 5 - week program on Mondays starting October 1 @ 6 pm

~Childcare and supper provided~
Call 780-307-2444 ext. 1 to register.

READ AND ROLL

Read and Roll is back with a 1 hour, parent/child interactive program to promote early literacy, and speech. Designed for children 3 - 4 years old.

Groups are small to create a comfortable learning environment so space is limited.



Tuesday afternoons, Oct 2 - Nov 13 @ the Westlock Library. Please call 780-307-2444 ext. 1 to register or for more information.



For information on the current swimming schedule, visit www.westlock.ca or call the Aquatic Centre.

For more information, call

- PLC Parent Link Centre - (780) 307-2444 ext 1
- AC Westlock Aquatic Centre (780) 349-6677
- L Westlock Municipal Library - (780) 349-3060
- EOTO Each One Teach One (780) 349-0742
- FCSS Westlock & District FCSS - (780) 349-5900

Find this calendar online at



Classifieds, Events, Jobs, Garage Sales & Community