

FAMILY ACTIVITIES IN WESTLOCK



Parent Link Drop-In Playgroups

Encourage your child's development through play, socialization, and games! ****No Cost to Attend**** (parents & children 0 - 5 yrs)

Tuesdays 9:30 - 11:30 am
@ Spirit Centre Fieldhouse

Thursdays 9:30 - 11:30 am
@ St. Mary School except April 18th will be at the RSC

Saturday Apr. 13 & 27 10:00 - 11:30 am
@ Spirit Centre

Mental Health & Anxiety In Children April 29 from 1:00 - 2:30 pm

Lauren Chow, Mental Health Promotion Facilitator, will discuss the stresses our children can go through, and how you as parents can help facilitate a healthy and less stressful environment. Register to attend: 780-307-2444 ext. 1 Childcare is provided.



What's Up @ Your Library?

Mother Goose Mondays @ 10:00 am
Story Time Mondays @ 11:00 am
Story and Song Fridays @ 10:30 am
****On the Road Apr. 12 - meet at Continuing Care @ 10:15**

Special Events
Story Time and You and Me Book Club Apr. 3 @ 10:00 am
Apr. 3 @ 10:30 am

Parent's movie night out Apr. 5 @ 6:15pm

"Second Act"
Teen Lock-down movie Apr. 6 arrive before 4pm
"Bumble Bee" for teens in grades 7-12

Family Flick Apr. 13 @ 1:00 pm

"Mary Poppins Returns"
Bunny Puppet Show Apr. 17 @ 10:30 am

Family Movie Night Apr. 18 @ 6:00 pm

"A Dog's Way Home"
The library is closed Easter weekend - Fri, Sat, & Mon

HAWAIIAN PARTY

Parent Link is having a party at playgroup on **April 9 from 9:30 - 11:30 am**

Find your favorite Hawaiian shirt and plan for some tropical fun at the Spirit Centre.

Crafts, games, and snacks!



SCIENCE WEDNESDAY

Come and explore the world of Science, Technology, Engineering, and Math (STEM). Children, with their caregivers, will have the opportunity to learn while conducting age appropriate experiments. A participatory, "hands-on" approach will be encouraged to develop your 2.5 - 5 yr. old's understanding and curiosity.

Wednesdays, April 3 - 24 @ PLC from 1:00 - 2:15 pm

Don't wait to register - space is limited.
Call 780-307-2444 ext. 1



Love and Logic

With the loving yet powerful tools of Love and Logic, we can help our children learn to make good choices and experience happy lives while maintaining their love and respect.

**Join our 6-week program
"Parenting the Love and Logic Way"
For Caregivers of children 7+**

Thursdays, April 25 - May 30 from 1 - 3 pm @ St. Mary School
Register now! Call 780-307-2444 ext. 1

Dad's Derby

Calling all Dads (Grandpas, Uncles, or brothers too)
Westlock Parent Link is having *two nights* of building and racing fun!
April 3 & 17, 2019 @ 6:30 pm

MOVIE NIGHT

We will kick things off on **April 3, at the Parent Link Centre**, by watching a fun racing movie and then taking home materials to build your very own Kub Kar.

WE ARE OFF TO THE RACES



We will *RACE* on the **17th** to see how fast your car is!
Join us **at the Spirit Centre** for supper with your family and fun & prizes!

Register for both nights by calling 780-307-2444 ext. 1



April 18 Playgroup will move to the Spirit Centre for an Easter Party - **9:30 - 11:30 am**

Join us for a Potluck snack and Easter Fun.







COMMUNITY CALENDAR OF EVENTS FOR APRIL

Health Link Alberta - 811

Poison & Drug Information Services 1-800-332-1414



| Mondays | Tuesdays | Wednesdays | Thursdays | Fridays | Saturdays |
|--|---|---|---|--|--|
| <p>10 am Mother Goose @ L</p> <p>11 am Story Time @ L</p>  | <p>9:30 - 11:30 am PLC Playgroup @ RSC</p> <p>Please Note: Apr. 9 @ 9:30 am PLC Hawaiian Party @ RSC</p> |  <p>Please Note: Apr. 17 @ 10:30 am Bunny Puppet Show @ L</p>  | <p>9:30 - 11:30 am PLC Playgroup @ St. Mary School</p> <p>Please Note: Apr. 18 @ 9:30 am PLC Easter Playgroup @ RSC</p> <p>Apr. 18 @ 6 pm Family Movie Night @ L</p> | <p>10:30 am Story and Song @ L *on the road Apr. 12</p> <p>Please Note: Apr. 5 Parent Movie night out @ Library 6:15p "Second Act"</p> <p>Apr. 12 6:30 - 8:30 @AC McDonald's Free Swim 2nd Friday of the month</p> | <p>Please Note: Apr. 6 Grade 7-12 Teen movie lock-down @Library 4:15 pm "Bumble Bee" </p> <p>Apr. 13 @ 1 pm Family Flick @ L</p> <p>Apr. 6 & 20 @ 1 - 5 pm Royal Canadian Legion & The Elks Club ~ 12 and under free swim @ AC</p> <p>Apr. 13 & 27 @ 10 am PLC Playgroup @ RSC</p> |

(Book Set #1)

Tuesdays, April 2 - May 7
1 or 2 pm start times

Register @ 780-307-2444 ext 1

Foster your child's interest in books, while encouraging language development, through fun, group activities.

Promoting early literacy and speech for 3 - 4 yr olds.



GIANT TIGER



Parent Link extends a big THANK YOU to Westlock Giant Tiger for supplying snacks for our programs.

Westlock Bottle Drive

Saturday April 27 from 9 am - 4 pm

2467 Westlock Army Cadets will be having a bottle drive in Westlock going door to door collecting recyclable beverage containers.

For anyone who wants to drop off their bottle donations, a drop off site will be available in the parking lot next to McDonald's. Bottle donations can also be made anytime directly at the Westlock Bottle Depot, just indicate you would like the funds to support Westlock Cadets.



For information on the current swimming schedule, visit www.westlock.ca or call the Aquatic Centre.

For more information, call

PLC Parent Link Centre - (780) 307-2444 ext 1
 AC Westlock Aquatic Centre (780) 349-6677
 L Westlock Municipal Library - (780) 349-3060
 EOTO Each One Teach One (780) 349-0742
 FCSS Westlock & District FCSS - (780) 349-5900

Find this calendar online at



Classifieds, Events, Jobs, Garage Sales & Community