

Events Schedule

Individual Track and Field Events

Grade 4 Girls	Grade 5 Girls	Grade 6 Girls	Grade 4 Boys	Grade 5 Boys	Grade 6 Boys
100 M sprint	High Jump	D & A Throw	Agility jump	High jump	Long jump
200m	D & A Throw	200m sprint	High jump	Distance Throw	400m run
Accuracy Throw	150m sprint	1200m run	Distance Throw	D & A Throw	Distance Throw
High Jump	800m run	Agility jump	100m sprint	Long Jump	1200 m run
70m sprint	Agility Jump	Long Jump	200m run	150m sprint	200m run
400m run	Distance Throw	High jump	Accuracy Throw	800m run	Accuracy Throw
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
D & A Throw	90m sprint	100m sprint	Long jump	Accuracy Throw	100m sprint
Agility jump	400m run	400m run	D & A Throw	90m sprint	High Jump
Long Jump	Accuracy Throw	Distance Throw	70m sprint	400m run	Agility jump
Distance Throw	Long Jump	Accuracy Throw	400m run	Agility jump	D & A Throw
70m Relay	90m relay	100m relay	70m relay	90m relay	100m relay
Clean up	Clean up	Clean up	Clean up	Clean up	Clean up

9:15
Start

2:00 finish