

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 Cheese Quesadillas	10 Chicken Stir-fry with rice	11 Lasagna	12 Pork Chops, KD & Corn	13 Fish Sticks & Fries	14
15	16 Baked Potato & Corn on the Cob	17 Chicken Parmigiana & Pasta	18 Beef Stew & a Bun	19 Cheese Pizza & Veggies	20 No School	21
22	23 Mac & Cheese	24 Sweet & Sour Chicken with Rice	25 Spaghetti & Meatsauce	26 Scalloped Potatoes & Pork Chops	27 Pancakes & Bacon	28
29	30 Grilled Cheese & Tater Tots	1 Pulled Pork on a Bun	2 Taco Salad in a Bag	3 Turkey Meatballs with BBQ Sauce & Rice	4 Hot Dogs and Veggies	5