

# FAMILY ACTIVITIES IN WESTLOCK OCTOBER

## Parent Link Drop-In Playgroups

**Outdoor Play! Remember to dress for the weather.**  
**Watch Facebook for changes** \*\*No Cost to Attend\*\*  
 (parents & children 0 - 5 yrs)

**Tuesdays** 9:30 - 11:00 am  
 @ Belvedere Park (105 ST and 110 AVE)

**Thursdays** 9:30 - 11:00 am  
 @ St. Mary School (Outdoor)

**Saturday, Oct 5** 10:00 - 11:30 am  
 @ Belvedere Park



## READ AND ROLL

**Tuesdays, Oct 8 - Nov 19, 2019 1:00 PM @ the Westlock Library (Book Set 1)**

Join us for a one-hour, interactive program for you and your child aged 3 or 4 yrs. We will read an age appropriate book and then roll with activities to promote engagement, early literacy, and speech.

Call to register for this 7 week program: 780-307-2444 ext. 1

## What's Up @ Your Library?

Mother Goose Mondays @ 10:00 am

Story Time Mondays @ 11:00 am

Story and Song Fridays @ 10:30 am

### Special Events

**18+ Lockdown** Oct 4 @ 6:30 pm  
 "Yesterday"

**Gr. 7 - 12 Lockdown** Oct 5 @ 4:00 pm  
 "Men In Black: International"

**Family Flicks** Oct 12 @ 1:00 pm  
 "Free Birds"

**Puppet Show** Oct 16 @ 10:30 am

~ CLOSED October 14 ~  
 Happy Thanksgiving!

COME FOR FREE LUNCH & PARENT DISCUSSION  
 ~Childcare available~

**TRIPLE P LUNCH & LEARN**

## POWER OF POSITIVE PARENTING

**Thursday, Oct 17 12:00 - 2:30 PM @ St. Mary School**  
 "Why does my child do that?" This seminar helps you understand the reasons kids do what they do, so you can guide their behaviour – and see more of the behaviour you like, and less of the behaviour you don't like.

Call to register: 780-307-2444 ext. 1



## Coming Soon

NOVEMBER 5 & 6  
 @ ROTARY SPIRIT CENTRE

Details to follow on Facebook.  
 Stay tuned.

## Halloween Party

Join Westlock Parent Link for a spooky - fun afternoon!  
**Saturday, Oct 26, 2019 1 - 3 pm @ St. Mary School**  
 If you would like to attend, please call to register  
 780-307-2444 ext. 1



Westlock Parent Link invites you to

## Fall into Fun!

Join us for crafting, snacks, and fall fun!

**Wednesday, Oct 16 1:00 - 2:30 pm**

Register to attend: 780-307-2444 ext. 1



Westlock Parent Link with the Westlock Childcare Society



## EARLY CHILDHOOD PARENTING MADE FUN

**Mondays, Oct 21 - Nov 25 6:00 - 8:30 PM**

@ Westlock Daycare

With the loving yet powerful tools of Love and Logic, we can help our children learn to make good choices and experience happy lives while maintaining their love and respect.

**SUPPER & CHILDCARE PROVIDED!**

Call to register by Oct 11: 780-307-2444 ext. 1






# COMMUNITY CALENDAR OF EVENTS FOR OCTOBER

Health Link Alberta - 811

Poison & Drug Information Services 1-800-332-1414



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
<p>10 am Mother Goose @ L</p> <p>11 am Story Time @ L</p> 	<p>9:30 - 11:00 am PLC Playgroup @ Belvedere Park</p> 	<p><u>Please Note:</u> Oct 2 &amp; 9 1:00 - 2:30 pm Growing Up Wild *registered program</p> <p>Oct 16 @ 10:30 am Puppet Show @ L</p> <p>Oct 16 @ 1:00 - 2:30 pm Fall into Fun @ PLC</p>	<p>9:30 - 11:00 am PLC Playgroup @ St. Mary School (Outdoor)</p> 	<p>10:30 am Story and Song @ L *Oct 18 @ Continuing Care</p> <p><u>Please Note:</u> Oct 4 @ 6:30 pm 18+ Lockdown @ L</p>	<p><u>Please Note:</u> Oct 5 @ 10 - 11:30 am PLC Playgroup @ Belvedere Park</p> <p>Oct 5 @ 4 pm Gr. 7 - 12 Lockdown @ L</p> <p>Oct 12 @ 1 pm Family Flicks @ L</p> <p>Oct 26 @ 1 - 3 pm PLC Halloween Party @ St. Mary</p>




**Fire Prevention Week**  
October 6- 12 , 2019

Meet Westlock Parent Link at the Westlock Fire & Rescue Hall


**October 7 @ 1 pm**  
Come tour the Westlock Fire Hall and learn about fire prevention. No need to register - just drop in. See you there!

**SCIENCE WEDNESDAY**



Come and explore the world of Science, Technology, Engineering, and Math (STEM). Children, with their caregivers, will have the opportunity to learn while conducting age appropriate experiments. A participatory, "hands-on" approach will be encouraged to develop your 2.5 - 5 yr. old's understanding and curiosity.

**Wednesdays, Oct 30 - Nov 27 1:00 - 2:15 pm @ PLC**  
Don't wait to register - space is limited.  
Call 780-307-2444 ext. 1



For information on the current swimming schedule, visit [www.westlock.ca](http://www.westlock.ca) or call the Aquatic Centre.

**For more information, call**

PLC Parent Link Centre - (780) 307-2444 ext 1  
 AC Westlock Aquatic Centre (780) 349-6677  
 L Westlock Municipal Library - (780) 349-3060  
 EOTO Each One Teach One (780) 349-0742  
 FCSS Westlock & District FCSS - (780) 349-5900



Parent Link extends a big **THANK YOU** to **GIANT TIGER** for supplying snacks for our programs.

Find this calendar online at [TownPost.ca](http://TownPost.ca)

*Classifieds, Events, Jobs, Garage Sales & Community*