

FAMILY ACTIVITIES IN WESTLOCK



Parent Link Drop-In Playgroups

Encourage your child's development through play, socialization, and games! ****No Cost to Attend****
(parents & children 0 - 5 yrs)

Tuesdays, Dec 3, 10 & 17 9:30 - 11:00 am
@ Spirit Centre Fieldhouse

Thursdays, Dec 5, 12 & 19 9:30 - 11:00 am
@ St. Mary School



Build A Gingerbread House With Dad



Join us **Dec. 4 @ 6:30 pm**, at the Parent Link Centre, to build a *PJ Mask Gingerbread House* or *Vanilla Cookie Winter Castle* (both are peanut free) followed by a Christmas movie and snack.

You will have a fun evening of creating and spending time with the special guy in your life - just in time for the holidays!
Call soon to register ~ space is limited
780-307-2444 ext. 1

What's Up @ Your Library?

Mother Goose Mondays @ 10:00 am
*Dec 2 only

Story Time Mondays @ 11:00 am
*Dec 2 only

Story and Song Fridays @ 10:30 am
*on the road Dec 6 @ Continuing Care

Special Events
18+ Lockdown Dec 6 @ 6:30 pm
"Good Boys"

Gr. 7 - 12 Lockdown Dec 7 @ 4:00 pm
"Avengers: Endgame"

Stuffie Sleepover Dec 13 @ 4:00 pm
Bring your stuffie, stay for a story then tuck them in for a sleepover at the library.

Family Flicks Dec 14 @ 1:00 pm
"Dora and the Lost City of Gold"

Puppet Show Dec 18 @ 10:30 am

COME FOR FREE LUNCH & PARENT DISCUSSION
~Childcare available~

TRIPLE P LUNCH & LEARN

RAISING RESILIENT CHILDREN

Thursday, Dec 12 12:00 - 2:30 PM @ St. Mary School

How can you help your child manage their emotions so they cope well with disappointment and in stressful situations? Get the strategies that will allow them to recognize positive and negative emotions – and deal with them in a healthy way.

Call to register: 780-307-2444 ext. 1

CHRISTMAS CRAFTERNOON for Mom

Hey Kids!

Bring your **Mom** (grandma, aunt, sister, other female role model) to create some Christmas Cheer. We will have chocolatey fun activities and eats while creating snow globes and ornaments!

Wednesday, Dec 11 1:00 - 2:30 pm @ PLC
Please register by calling 780-307-2444 ext. 1

Holly Jolly SATURDAY

Saturday, Dec 7 10:00 - 11:30am @ the Spirit Centre

Parent Link is supplying holiday cheer in the form of cookie decorating, magic snow, playdough, bird feeders, and marshmallow launchers & hot chocolate.

Want to come? Call 780-307-2444 ext. 1 to register

SCIENCE WEDNESDAY

Children, with their caregivers, will have the opportunity to learn while conducting age appropriate, **Christmas-themed** experiments. Join the FUN!
Encourage your **2.5 - 5 yr.** olds understanding and curiosity!

Wednesday, Dec 18 1:00 - 2:15 pm @ PLC
Call to register - 780-307-2444 ext. 1

CHRISTMAS PARTY PLAYGROUP

Tuesday, Dec 17 9:30 - 11:00 am
@ the Spirit Centre (Fieldhouse)

Special Guest Appearance from the North Pole!
Bring a Pot-Luck snack item to share.

Parent Link will be closed Dec 23 - Jan 5.
Enjoy safe and happy holidays with your friends and family! We will see you in 2020!












COMMUNITY CALENDAR OF EVENTS FOR DECEMBER

Health Link Alberta - 811

Poison & Drug Information Services 1-800-332-1414



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
<p>10 am Mother Goose @ L *Dec 2 only</p> <p>11 am Story Time @ L *Dec 2 only</p>  	<p>9:30 - 11:00 am PLC Playgroup @ RSC</p>  	 <p>Please Note: Dec 18 @ 10:30 am Puppet Show @ L</p> 	<p>9:30 - 11:00 am PLC Playgroup @ St. Mary School</p>   	<p>10:30 am Story and Song @ L *Dec 6 @ Continuing Care</p> <p>Please Note: Dec 6 @ 6:30 pm 18+ Lockdown @ L</p> <p>Dec 13 @ 4 pm Stuffie Sleepover @ L</p> <p>Dec 13 6:30 - 8:30 @AC McDonald's Free Swim 2nd Friday of the month</p>	<p>Please Note: Dec 7 @ 4 pm Gr. 7 - 12 Lockdown @ L</p> <p>Dec 14 @ 1 pm Family Flicks @ L</p> <p>Dec 7 & 21 @ 1 - 5 pm Royal Canadian Legion & The Elks Club ~ 12 and under free swim @ AC</p>



Celebrating Milestones

Learn about the skills and behaviors you can expect from your child aged **2 months - 66 months**, and discover new ways of supporting this exciting growth and development.

Friday, January 31 9:00 am - 2:30 pm @ St. Mary School



Call to book your time by Jan 15: 780-307-2444 ext. 1
(We can provide 1 hour of free childcare for siblings attending.)



For information on the current swimming schedule, visit www.westlock.ca or call the Aquatic Centre.

For more information, call

- PLC Parent Link Centre - (780) 307-2444 ext 1
- AC Westlock Aquatic Centre (780) 349-6677
- L Westlock Inter-Municipal Library - (780) 349-3060
- FCSS Westlock & District FCSS - (780) 349-5900

Parent Link extends a big **THANK YOU** to **GIANT TIGER** for supplying snacks for our programs.

Find this calendar online at TownPost.ca

Classifieds, Events, Jobs, Garage Sales & Community